## Vial of Life Program Of Cumberland County, TN

Provided by:

Fairfield Glade Resident Services (Free-of-Charge)

## Why Vial of Life?

As Americacs population becomes increasingly older, there is a necessity to reshape the care management program for older adults. The *Vial of Life* is designed for documenting pertinent medical information and essential details that will aid caregivers, emergency response teams, and hospital personnel in providing patient-specific medical treatment during unexpected health-related events. If a person experiences a medical emergency, the responding medical team will have immediate access to important medial information when it is needed most . during the first few minutes of treatment for critical illness or accident.

## What special features are offered with the Vial of Life?

Every feature of this program has been designed, reviewed and updated by Cumberland County EMS, 911, law enforcement agencies and fire department officials in Cumberland County, TN. **Fairfield Glade Resident Services** established this free-of-charge program in 2008, and Fairfield Glade is the first community in the country to institute it for the benefit of all county residents. Of special concern was storing personal medical information in a safe, contained, and confidential manner. Therefore, using plastic medicine containers (vials) and storing them in the freezer compartment of a home refrigerator protects and prevents compromise of this information. In 2011, this program was updated to include a second vial for storing in ones automobile, in case of accident. Sponsorship by hospital, community service agencies, and individual donations are necessary to defray the cost of the vials and program supplies so that this free-of-charge, life-saving program can continue throughout Cumberland County, where over 25% of the population is age 65 or older.

## How is the Vial of Life of Cumberland County Implemented?

It is recommended that an educational session precede or accompany distribution of the Vials, stressing why the program is important and what essential information is included in an individual vial. For example, it is important that EMS and hospital staffs know if there is a signed Advanced Directive, Health Care Agent, and/or a TN POST form available and where they are located. The Fairfield Glade Neighborhood Watch Care Ring+coalition provides this information on their web-site: <a href="www.fgnwc.org">www.fgnwc.org</a> under the title: <a href="Personal Planning, Care and Safety">Personal Planning, Care and Safety</a>. Information is available at the **Fairfield Glade Resident**Services (FGRS) office, 4929 Peavine Road, Suite #102 which is open Monday-Friday from 9am . noon (931) 456-7272.

Vial of Life kits may be picked up at the Fairfield Glade Resident Services office (info listed above). Persons needing assistance in completing the forms may request that help by calling FGRS. Once an individual has completed the forms and begun using the vials, it is important to update any changes to health conditions and/or medications and to modify forms for replacement in the vials. Periodic review and update of % Case of Emergency+ (ICE) contact information is also very important. Yearly review and update of your Vial of Life information is highly recommended.

Medical Information Forms, Medication Lists, and ICE Contact Forms needed to accomplish these updates can be obtained from this website after closing this window. These forms may be downloaded, saved and printed <u>via your home computer</u>. These forms can be filled-in or modified <u>on your home computer</u> using *Adobe Reader* software (free) by following the instructions as shown. Keeping *Vial of Life* information current provides safety and security in the event of medical emergency.

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